



MSI Fitness Center

Medium Security Institution
(MSI)
7600 Hall St.,
Training Academy
St. Louis, MO 63147

Hours of Operation
Open 24/7

Become a Member



Contact the City BeeFit Wellness Program
at EmployeeWellness@stlouis-mo.gov or
314-622-4849 to sign-up for your **FREE**
membership.

Amenities:

Treadmill
Ellipticals
Bikes
Dumbbells
Adjustable benches

Foam rollers
Jump ropes
Resistance bands
Stretching mats

Fitness Center is only open to onsite MSI City employees.